



Adaptive Teaching in PE

Making use of prior knowledge

This provides support for students when a new topic and new content is introduced.

Equipment

Equipment is changed to suit the needs and ability of the child. If a child has gross motor difficulties, for example, a larger/ lighter ball may be used and gradually changed as improvements are made. Different coloured equipment is available for children with visual impairments.

Peers

Children work in mixed ability groups to give them support. This provides a good role model to watch and receive peer support.

Adaptations to rules

During activities and more competitive elements, children are given allowances and support to promote success.

Task Given

Adaptations to the task are made e.g. bigger targets, closer targets, more time, shorter distance.

Sensory

During P.E sessions, we encourage noise kept to a minimum. We explain to the children that any noise made should be a 'productive noise'. For example, calling to someone to pass the ball, directing others into space to improve the activity/ outcome.

Children can wear ear defenders if the noise level increases.

Instruction

Specific instruction is given, modelled and given again to ensure understanding with those children who require a longer processing time. Visuals are used also.

Modelling of the activity is clear and concise. Using Primary P.E Planning as our scheme gives us access to diagrams of activities and child-led videos showing the activity.

Time out

Children who struggle with sensory sensitivities are allowed time out of the session to regulate themselves before being encouraged to join the lesson again.

Prepare child prior

Children who have anxieties towards P.E. are given an overview of the lesson in order to prepare them in advance. Videos and activities diagrams are shared.

Use of peer teaching

Children that show a strength in an area/ compete as part of a club are used to model to the class. These children share their knowledge and skills of how to complete a task to their peers.

Swimming

When attending swimming, some of our children are unable to complete the walk to our local swimming pool. We provide transport for these children to ensure they can attend. Personal changing rooms are provided for those children that require it.

Children who do not meet their end of year expectations attend further swimming sessions with another year group to support their development.